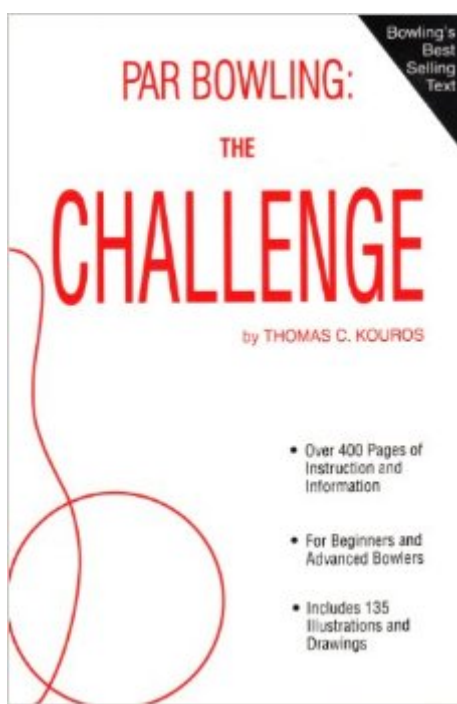


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# Par Bowling: The Challenge



## Synopsis

Book by Kouros, Thomas C.

## Book Information

Paperback: 394 pages

Publisher: Pin Count Enterprises; First Edition edition (August 1993)

Language: English

ISBN-10: 0963913603

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Product Dimensions: 0.8 x 6 x 9 inches

Shipping Weight: 8 ounces

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #1,183,376 in Books (See Top 100 in Books) #48 in [Books > Sports & Outdoors > Individual Sports > Bowling](#)

## Customer Reviews

The most complete bowling book I've ever seen. Covers every aspect of the physical game and just about anything else connected with bowling from philosophy to physics. The book has a fair amount of useful diagrams, but it could use even more to explain some of the rather complicated ideas that Kouros deals with. This is not light reading, but it is definitely worthwhile for the advanced bowler. Kouros writes well interspersing the technical information with jokes and anecdotes. Kouros leaves it up to the reader to decide which of the many techniques he presents are worth incorporating. This is a responsibility that is best left to someone who knows their own game extremely well. Unfortunately, if you're a beginner or intermediate bowler this book will probably confuse you more than it will help. If you just want to bowl well without worrying about the why's and wherefore's, Fred Borden's books are probably more appropriate. However if you are in the 180's or so (Average not IQ, but the extra IQ points certainly wouldn't hurt) this book should definitely be part of your library.

Par Bowling is one of the great books on bowling. Kuros goes through all the intricacies in the game. Well worth reading and studying. It has helped my game tremendously. The book does need to be updated to more modern conditions and it would be wonderful if Kuros could expand more on the ideas and even use more elaborate graphics. To some, the book may seem too detailed, but that is its strength. Kuros does a masterful job of breaking down the elements of good bowling and delving into them. He also is wide open to what's good bowling and what is not and also where one

can be flexible. I especially enjoyed his talk about "mid-roll" - a real secret to putting good action on ball.

Mr Kouros' tome combines a scenic tour of the game and a technical manual on how to play it. His chapter on the various releases alone is worth the cover price. Other insightful items include a behind-the-scenes peek at PBA Tour conditions and a thoughtful piece on the mysteries of the "mid-roll", probably the Holy Grail of all serious bowlers. Heavy stuff to wade through - then again it's never easy to haul pure gold out of them mines. I've read through the book a couple of times now and there is always something new to catch my attention. This book is the next best thing to a full-time coach. If you love the game, you should get a copy to keep.

An excellent book. It's not an easy read by any means but for any bowler looking to improve their average, this book is a can't miss! Kouros breaks the game down into elements I either hadn't even thought of or completely took for granted. If you are serious about your game and buy this book I guarantee you will not regret it! Buy it now!

Tom Kouros's book really confused me the first time reading it, which only made me want to read it more. Kouros breaks from the bread and butter instruction of most books and delves into incredibly advanced topics such as release angle, pocket entry angle and mid roll. Mid-roll explains why one bowler will seem to get all the breaks, while another just can't buy a strike. Tom Kouros's book is detailed and includes numerous diagrams, although some of his concepts would be better visualized in motion, i.e. videotape. The book is slow reading, it may take the reader a few hours to comprehend one chapter's worth of material, but will make up for the time and money spent in terms of pins on your average.

I've read virtually every bowling book available (and quite a few that are out of print) and this is by far the best. It is incredibly detailed, advanced bowlers will love it, new bowlers may be a bit overwhelmed at first.

Unfortunately this book is not available in e-reader format, Kindle, etc. This is an excellent reference book, it remains the very best TREATISE on the sport! If you are at all serious about your game, do not pass this one by, it is the best, nothing comes close. I've had several copies of Tom's book including the original 'Par Bowling'. They never seem to find their way back to me. While there are

various reasons why this is so, the foremost reason is the value of the content. Carmen Salvino a true legend of the game is reputed to have called Kouros after the release of the initial book asking him how he could publish all of this knowledge for \$3.95 (original price). Actually, the term Tom used in the interview was that Carmen was livid (source: Phantom radio show). Personally, I've read, watched, listened, attended seminars, gotten certified as a coach, most of what I've learned and know has it's genesis in Tom's book. Yes, it's encyclopedic in nature, he explains the how's, why's when's, discusses exceptions etc. While it's true that the game has changed due to an evolving environment and equipment revolution, Tom's book remains a primary repository of bowling knowledge. Tom has been cited by other top coaches as being among if not the best. Truly if bowling had a Mount Rushmore Equivalent, Tom's image would be there.

This is the BEST book there is if someone wants to be knowledgeable about how to deliver a bowling ball down a lane and consistently score well, i.e. get strikes and spares. It's all in the approach and Kouros explains it all.

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